

Cavendish Road State High School
Sun Safety Policy

Rationale

Year-round sun protection is important for all children and young people in Queensland as research demonstrates that high ultraviolet radiation (UVR) exposure in childhood and adolescence significantly increases the risk of developing skin cancer.

Our school aims to educate our students about being sun safe to develop important, life-long, healthy habits, and acknowledges the important role adults play during and outside school hours to reinforce sun safety with children and young people.

In implementing this policy, our school and community recognise that:

- the policy applies to all school and school-related activities and events.
- the strategies are to be implemented during the whole school day and year-round; and
- a combination of sun safe strategies is more effective than a single approach.

Date of commencement: 27th January 2026

Review date: 27th January 2027

ELEMENT	STRATEGIES
Clothing requirements	Students are required to wear protective clothing, including appropriate hats, when outdoors during the school day and during school-related activities (for example, excursions/camps) to reduce students' exposure to the sun, including the following strategies: **Hats** • Students are required to wear appropriate hats when outdoors. Exceptions apply when students are moving between classes, in adequate shade during break times, or participating in competitive sporting activities where a hat may reduce visibility or interfere with skills and therefore present a safety risk. An exemption also applies where alternative headwear must be worn for religious or safety reasons. • In these circumstances, students may remove their hats for the duration of the activity, provided sunscreen has been applied to all exposed skin at least 20 minutes prior to participation. • Our school uniform hats are a bucket hat or cap. • Staff remind students to wear hats before and during lunch breaks, and to and from outdoor activities. • Students who do not have hats will play in the shade or an area protected from the sun.



ELEMENT	STRATEGIES
	• Spare clean school hats are available for students to borrow if they forget their hat.
	Swim shirts • Students are required to wear swim shirts/rash vests during all water-based activities occurring at outdoor venues, except during their race/s at competitions and carnivals.
Shade provision and use	Our school maximises the use of available shade for outdoor activities: • Sports activities are rotated during the week between the hall and the oval. • Temporary shade structures are used as necessary for outdoor events, for example, Athletics Carnival, Swimming Carnival, HPE Classes
Education	Our school provides educational programs on sun safety and preventative measures through the following strategies: **Incidental teaching and promoting sun safe behaviours** • Incidental teaching of personal sun safety strategies occurs in all year levels as part of the school routine on a regular basis, for example, through reminders to students to wear hats and apply sunscreen. **Staff professional development** • Staff are informed about the school's sun safety policy and its requirements on induction.
Sunscreen provision	Our school recognises the importance of sunscreen use as a sun safe measure and implements the following strategies: • The school supplies SPF 30 or higher broad-spectrum, water-resistant sunscreen for student use. • Parents/carers are encouraged through social media and newsletter items to have their children apply sunscreen before school. • Parents/carers are encouraged to provide sunscreen for their child if they don't wish their child to use the school's sunscreen.
Modelling sun safe behaviours	Our school promotes the importance of parents/carers, teachers, ancillary staff, volunteers and other adult supervisors as role models for students using the following strategies: • Staff are encouraged to consider the use of shade, sun safe hats and clothing, sunglasses and sunscreen when doing their duties, running outside activities, and when on excursions/ camps.



ELEMENT	STRATEGIES
	Parents/carers are encouraged to have their children apply sunscreen before they come to school and provide personal sunscreen for their children to use at school.
Cost considerations	The department provides funding for sun safety using the following strategies: • School funding is allocated annually to enable the purchase of sunscreen for each class for the whole school year.
Additional strategies	Other strategies our school uses to be sun safe include: Sunscreen stations are set up at sports days and swimming carnivals.

Endorsed by: Kevin Woodforde - P&C President Darren Beebe - Staff representative	**Approved by:** Richard Usher Executive Principal **Date of approval: 16th February 2026**