

SIZE TO FIT MEASUREMENTS

Upper body size chart – Blouse



	SIZE	W4	W6	W8	W10	W12	W14
A	TO FIT CHEST CIRCUMFERENCE	66	71	76	81	86	91

	SIZE	W16	W18	W20	W22	W24	W26
A	TO FIT CHEST CIRCUMFERENCE	96	101	106	111	116	121

Lower garments chart – Skirts



TRUTEX

TRUTEX - NEW STOCK

	SIZE	W4	W6	W8	W10	W12
A	TO FIT WAIST CIRCUMFERENCE	57	62	67	72	77
B	TO FIT HIP CIRCUMFERENCE	82	87	92	97	102

	SIZE	W14	W16	W18	W20	W22
A	TO FIT WAIST CIRCUMFERENCE	82	87	92	97	102
B	TO FIT HIP CIRCUMFERENCE	107	112	117	122	127

Options with the Blouse - Green Shorts or Grey Long Pants



GREEN SHORTS

	SIZE	8	10	12	14	16
A	WAIST	73	78	83	88	93
	INLEG	21.5	21.5	22	22	22.5

	SIZE	18	20	22
A	WAIST	98	103	108
	INLEG	23	23	23.5

GREY FORMAL LONG PANTS

	SIZE	8	10	12	14	16
A	WAIST	73	78	83	88	93
	INLEG	73.5	75.5	77	78.5	79.5

	SIZE	18	20	22
A	WAIST	98	103	108
	INLEG	79.5	79.5	79.5

Upper Body Size Chart

Formal Green Shirts - (Junior)

Formal White S/Sleeve & L/Sleeve (Senior)



	SIZE	10	12	14	16	18	20
A	TO FIT CHEST CIRCUMFERENCE	76	81	86	91	97	102
B	TO FIT NECK CIRCUMFERENCE	33	34	36	37	38	39

	SIZE	22	24	26	28	30	32
A	TO FIT CHEST CIRCUMFERENCE	107	112	117	122	127	132
B	TO FIT NECK CIRCUMFERENCE	41	42	43	44	46	47

Note: When moving from the Formal Green Shirt to the Formal White Shirt, please go up 1 x size

Lower Garment Chart

Formal Grey (Shorts & Trousers)



	SIZE	8	10	12	14	16	18
A	TO FIT WAIST CIRCUMFERENCE	63	65	70	76	80	86

	SIZE	M6	M7	M8	M9	M10	M11
A	TO FIT WAIST CIRCUMFERENCE	91	94	98	103	108	113

Unisex Sportswear Transition Chart – **Polos & Shorts**

SPORTS POLO	
TRUTEX	WEARECO
8	5XS
10	4XS
12	3XS
14	2XS
XS	XS
S	S
M	M
L	L
XL	XL
2XL	2XL
3XL	3XL

SPORTS SHORTS	
TRUTEX	WEARECO
8	6
10	8
12	10
14	12
XS	14
S	16
M	S
L	M
XL	L
2XL	XL
3XL	2XL

Unisex Sportswear Chart – Polos



TRUTEX

SIZE	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST CIRCUMFERENCE	69	73	77	81	87	92	97	102	107	112	117	122	127	132

WEARECO

POLO	2	4	6	8	10	12	14	16	S	M	L	XL	2XL	3XL	4XL	5XL
1/2 CHEST	34	36.5	39	41.5	44	46.5	49	51.5	54	56.5	59	61.5	64	66.5	69	71.5
CENTRE BACK LENGTH	40	44	48	52	56	60	63	66	68.5	70	71.5	73	75	76.5	77	77.5
SLEEVE LENGTH	24.5	25.5	27	28.5	30	31.5	33.5	35.5	36.5	38.5	40	41	42.5	44	45	46.5

Unisex Sportswear Chart – Sports Short



TRUTEX

SIZE	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
WAIST CIRCUMFERENCE	60	63	65	67	71	76	81	86	91	96	101	106	111

WEARECO

SPORTS SHORTS	8	10	12	14	16	S	M	L	XL	2XL	3XL
WAIST - FULL ELASTIC	58	61	64	67	70	75	80	85	90	95	100
SIDE LENGTH	35	37	39	41	43	44	45	46.5	47.5	48.5	49.5
INSIDE LEG	14.5	15.5	16.5	17.5	18.5	19	19.5	20	20.5	21.5	22

Winter - Microfibre Jacket



	SIZE	3XS	2XS	XS	S	M	L	XL
A	1/2 CHEST	50	52.5	55	57.5	60	62.5	65
	CENTRE BACK LENGTH	61	64	67	70.5	73	75.5	78.5

	SIZE	2XL	3XL	4XL	5XL	6XL
A	1/2 CHEST	67	70	73	75	78
	CENTRE BACK LENGTH	81.5	82.5	83.5	84.5	85.5

Winter - Track Pants



	SIZE	2XS	XS	S	M	L	XL
A	ELASTIC WAIST	62	65	69	75	82	87
	INSIDE LEG	64	70	74.5	77.5	79	81

	SIZE	2XL	3XL
A	ELASTIC WAIST	92	97
	INSIDE LEG	81	81

Winter - Poly Cotton Jumper



	SIZE	10	12	14	16	18	20	22
A	1/2 CHEST (2.5CM Below armhole)	40	42.5	45	47.5	50	52.5	55
	CENTRE BACK LENGTH	60	62	64	66	68	70	72