

**CAVENDISH ROAD** State Righ School

# **CANTEEN**

#### **OPENING HOURS**

Monday – Friday from 8:00am

#### **PRE-ORDERS**

Staff – Ring Ext 723 by 9:00am

## Students – Pre - Order at Canteen from 8:00am

Student ID card using MSA, can be used to purchase canteen items with no minimum spend. Follow the prompts on the website under Canteen.

#### FOR VOLUNTEERING OPPORTUNITIES please contact Madonna

Phone - 3394 0723 or Email canteen@cavroadpc.com.au



EVERYDAY HOT MEALS -	
Beef Enchiladas with salsa & cheese	\$6.00
Cheeseburger lettuce, BBQ sauce & cheese	\$5.00
Pizza Wraps Ham & Cheese or BBQ Chicken	\$5.00
Cheesy Garlic Pizza (Vegetarian)	\$3.50
Spinach & Ricotta Cannelloni (Vegetarian)	\$6.00
Beef Pie Lunch Pie or Traveller Pie	\$4.50
Sausage Roll or Snack Pie	\$3.50
Garlic Bomb – small bread roll with garlic butter	\$2.00
Crispy Chicken mini wrap chicken tender, cheese, shredded lettuce & mayo	\$5.00

# TOASTIES

Gluten free bread available only when pre-ordering	
Chicken, cheese and avocado (H) or Chicken Pesto on Turkish	\$6.00
Intessar's Famous BLT (Wed, Thurs & Fri) 1" thick toast with lean bacon, tomato, cos lettuce, BBQ sauce & mayo	\$6.00
Vegetarian Turkish	\$6.00
Toasted chicken & cheese (wholemeal)	\$5.00
Toasted ham & cheese (wholemeal)	\$5.00

### BAGUETTES

Chicken, chive, mayo with cos lettuce	\$6.00
Roast beef, tomato, cheese, mustard, tomato relish & mixed lettuce	\$6.00
Turkey, cranberry, avocado & mixed lettuce	\$6.00
Tuna, mayo, red onion & cos lettuce	\$6.00
Chicken Caesar, cos lettuce, chicken, bacon with Caesar dressing	\$6.00

# **DAILY SPECIALS**

Chicken BLT Wrap Chicken tender, bacon, lettuce, tomato, mayo and BBQ Sauce	\$6.00
Chilli beef, rice, cheese & sour cream	φ0.00
Chilli Beef and Rice	\$6.00
rice & mini naan bread	φ0.00
Butter Chicken (H)	\$6.00
Toasted turkish bun with spicy chicken, lettuce, tomato & peri mayo	\$6.00

#### TUESDAY

MONDAY

Chicken Parmy Burger chicken, lettuce, Italian tomato sauce & cheese	\$6.00
Nachos Chilli beef, tortilla chips, sour cream, cheese and guacamole	\$6.00
Beef Burritos Mince beef with veg mix, rice, salsa, cheese and toasted	\$6.00
Chicken BLT Wrap Chicken tender, bacon, lettuce, tomato, mayo and BBQ Sauce	\$6.00

#### WEDNESDAY

Pizza Made in house – ham & pineapple, margherita, BBQ chicken (H) & meat lovers	\$5.00
Meatball Sub Meatballs with tomato salsa and cheese	\$6.00
Pasta Bolognese meat sauce topped with shaved parmesan cheese	\$6.00

#### THURSDAY

Chilli Chicken Tender Wrap Kebab bread with chicken tenders, salad & sweet chilli mayo	\$6.00
BBQ Pork Rib Sub Pork Riblet on a bun with BBQ sauce	\$6.00
Warm Pesto Chicken Pasta Penne pasta, pesto sauce, cream and parmesan cheese	\$6.00
Sweet & Sour Karaage Chicken with rice	\$6.00
FRIDAY	
BBQ Beef Burger beef patty, grilled onions, lettuce, tomato, beetroot & BBQ sauce	\$6.00
Southern Chicken Wrap Kebab Bread with spicy chicken strips, mixed salad with peri peri mayo sauce	\$6.00
Satay Chicken & Rice Satay sauce, steamed basmati rice & fried crunchy shallots	\$6.00
Pulled Pork Bao Bun with coleslaw & mayo	\$6.00
Chicken Macaroni and Cheese	\$6.00
BBQ Pork Rib Sub Pork Riblet on a bun with BBQ sauce	\$6.00





## BREAKFAST

Toasted Ham & Cheese	\$5.00
Toasted Chicken & Cheese	\$5.00
Yoghurt & Granola (low fat)	\$4.00

#### TREATS

Muffins (60gr) Chocolate Banana, Apple Cinnamon & Blueberry	\$2.00
Mini Cake Slices Chocolate, Vanilla or Banana	\$2.00
Paddle Pops Chocolate & Rainbow	\$2.50
Lemonade Icy Twists	\$2.00
Frozen Watermelon / Grapes	\$2.00
Bulla Light Vanilla Ice Cream	\$2.50
Calippo Mini Raspberry Pineapple	\$2.00
Twisted Frozen Yoghurts (GF) Vanilla Bean & Strawberries, Vanilla Bean & Chocolate, Mangoes & Watermelon	\$3.00
Bulla Frozen Yoghurt 200ml	\$3.00

### VEGAN

Vegan Cheesy Garlic Bread (pre-order)	\$3.00
Veef Meatball Sub (Wednesdays)	\$5.00
CHKN Schnitzel Burger (Friday only)	\$6.00

# SALADS & COLD CABINET

Range of Salads Caesar, Greek, Crunchy Noodle & Salad of the day	\$6.00
Chicken Pesto Pasta Salad (H)	\$5.00
Sushi Rolls or Cups Teriyaki Chicken, Salmon & Avocado, Tuna & Mayo, Avocado	\$4.00
Bento Box Rice, carrots, cucumber, lettuce and Teriyaki Chicken or Tuna	\$7.00
Watermelon Cup	\$3.50
Fruit Salad Cup	\$4.00
Yoghurt Whip Passionfruit or Raspberry	\$3.00
Low Fat Greek Yoghurt Granola & fruit purees (passionfruit or raspberry)	\$4.00
Whole Fruit	\$1.50
Apples, Bananas & Oranges Apricot / Date Bliss Balls (3 pkt)	\$2.00
Apricots/Dates with rolled oats, chia seeds & coconut Popcorn	\$2.00
WRAPS	
Chicken & Salad (H)	\$6.00
with chicken breast, fresh mixed salad, tomato, cheese & mayo Vegan Salad (only on pre-order) with mixed salad, grated carrot, beetroot, tomato, avocado & cucumber	\$6.00
Leg Ham & Salad with ham, fresh mixed salad, tomato, cheese & mayo	\$6.00
Chicken Pesto & Salad (H) with chicken breast mixed with basil pesto, fresh mixed salad, tomato, cheese	\$6.00
Chicken Caesar Salad Tortilla wrap with chicken, cos lettuce, egg, bacon, croutons, parmesan & Caesar dressing	\$6.00
SANDWICHES	

ŀ	lam, Cheese & Tomato	\$5.00
C	Chicken, Chive & Mayo (H)	\$5.00
E	Egg & Lettuce	\$5.00
F	Roast Beef, Cheese, Tomato & Chutney	\$5.00
Т	īuna & Mayo	\$5.00

# WATER & JUICE Water 600ml Water 1lt pop top Water 1.5lt

\$2.50

\$3.00

\$3.50

\$3.50

#### Lightly Sparkling Water (500ml) \$3.00 Emma & Tom's Juice (250ml) 100% \$3.50 Orange, Cloudy Apple, Pineapple, Karma, Berry Blast & ABC Bliss \$3.50 Slushie 99% Fruit Juice

HOT DRINKS

Hot Chocolate

# MILK SELECTION -

Plain Milk (500ml)	\$3.00
Small Flavoured Milk (300ml) Chocolate, Strawberry, Iced Coffee	\$3.00
Large Flavoured Milk (500ml) Chocolate, Strawberry & Vanilla	\$4.00
Pauls Zymil Lactose Free Chocolate Milk (400ml)	\$4.00
Liddell's Lactose Free Chocolate Milk (250ml)	\$3.00
Nippy's Milk – Iced Coffee / Mocha / Chocolate / Strawberry (375ml)	\$4.00