

Cyber Safety at Home

The following advice looks at ways parents can support their student in using the internet effectively, so they can enjoy and learn from the internet safely and securely.

Set Boundaries

Students don't need to use the iPad all the time at home. If you are experiencing problems, we recommend that you specify:

- Where in the house the iPad can be used.
- Where it is to be stored when not in use.

Monitor

- Talk about internet activities openly and freely.
- Have your child use the iPad in a shared family area where you can monitor how long your child is online as well as the websites your child is visiting.
- Mobile phones and other digital devices have access to the internet, so these devices need to be monitored also.

Share the Experience

- Ask your child to demonstrate the way they use their iPad for school.
- Ask your child to teach you how to use the iPad.
- Focus on the positive aspects of the internet when you sharing the experience with your child. Spend time looking together at sites that are fun, interesting or educational.
- Encourage your child to question things on the internet, e.g. Who is in charge of this site? Have I found information, or is it just opinion? Is this site trying to influence me or sell me something?
- Have a play with the iPad and apps by yourself to better understand how they work.

Protect

- Explain to your child that not all information on the internet is good, true or helpful, and that some areas are not intended for children to see.
- Help your child identify unsuitable material by naming some things to look out for, such as sites that contain scary or rude pictures, swearing or angry words.
- Empower your child to use the internet safely by showing your child safe sites and explaining why they are safe. It's also important to educate your child on why it's not safe to give out any personal details online.
- There are many home network filter programs on the market such as OpenDNS, K9

Web Protection. A simple search for 'Home Web Filtering' will give you the current lists; many programs are free. The advantage for parents is that this can be applied to ALL devices in the home.

Parental Controls

- Parental controls are available on the iPad.
- Please be careful with this feature. Parental controls can block iPad features that will be needed at school.
- If you forget the password, the device will need to be wiped and reset to factory settings.
- Detailed instructions can be found at: <https://support.apple.com/en-au/HT201304>

Cyber Safety and Online Support Sites

Department of Communications <https://www.esafety.gov.au/kids>

Cybersmart <https://www.esafety.gov.au/>

A Platform for Good <https://aplatformforgood.org/>