



# CAVENDISH ROAD

*State High School*

## CANTEEN

### OPENING HOURS

Monday – Friday from 8:00am

### PRE-ORDERS

Staff – Ring Ext 723 by 9:00am

Students – Order at Canteen from 8:00am

Student ID card using MSA, can now be used to purchase canteen items with no minimum spend. Follow the prompts on the website under Canteen.

## EVERYDAY HOT MEALS

<b>Beef Enchiladas</b> with salsa & cheese	\$6.00
<b>Cheeseburger (2<sup>ND</sup> Break only)</b> lettuce, tomato, bbq sauce & cheese	\$4.00
<b>Pizza Wrap Melts</b> Ham, BBQ Chicken or Mexican on tortilla wrap with cheese & toasted	\$5.00
<b>Cheesy Garlic Pizza (Vegan option available on pre order)</b>	\$4.00
<b>Spinach &amp; Ricotta Cannelloni</b>	\$6.00
<b>Beef Pie (school range)</b>	\$4.00
<b>Sausage Roll (school range) (GF, DF, EF avail Pre order \$6)</b>	\$3.50
<b>Garlic Bomb – small bread roll with garlic butter</b>	\$2.00
<b>Crispy Chicken mini wrap (2<sup>nd</sup> Break only)</b> chicken tender, shredded lettuce & may o	\$4.00

### MONDAY

<b>Devil Chicken Burger</b> Toasted Turkish bun with spicy chicken, lettuce, tomato & peri peri may o	\$6.00
<b>Butter Chicken (H)</b> Steamed rice & mini naan bread	\$6.00
<b>Nachos</b> Chilli beef, toasted tortilla chips, tasty cheese, avocado & sour lite cream	\$6.00
<b>Chicken BLT Wrap</b> Classic crumb chicken tender, bacon, lettuce & tomato in a wrap	\$6.00

### TUESDAY

<b>Chicken Parmy Burger</b> flamed grilled chicken, lettuce, mutti tomato sauce & cheese	\$6.00
<b>Fried Rice</b> contains bacon & egg	\$6.00
<b>Beef Burritos</b> Mince beef with veg mix, rice, salsa, cheese and toasted	\$6.00
<b>Chicken BLT Wrap</b> Classic crumb chicken tender, bacon, lettuce & tomato in a wrap	\$6.00

### WEDNESDAY

<b>Pizza- Made in house – Hawaiian, Margherita, BBQ Chicken (H) &amp; Meat lovers</b>	\$5.00
<b>Meatball Sub</b> with house made tomato salsa with low fat shredded cheese on a bun	\$6.00
<b>Spaghetti Bolognese</b> meat sauce topped with shaved parmesan cheese	\$6.00

### THURSDAY

<b>Chilli Chicken Tender Wrap</b> Kebab bread with chicken tenders, mixed salad & sweet chilli may o	\$6.00
<b>BBQ Pork Rib Sub (Thurs &amp; Fri)</b> Pork Riblet on a bun with BBQ sauce	\$6.00
<b>Warm Pesto Chicken Pasta</b> Penne pasta, pesto sauce, cream and parmesan cheese	\$6.00
<b>Sweet &amp; Sour Karaage Chicken</b> with rice	\$6.00
<b>Chicken Schnitzel Burger (Thurs &amp; Friday)</b> with lettuce, tomato, cheese slice & may o	\$6.00

### FRIDAY

<b>BBQ Beef Burger</b> beef patty, grilled onions, lettuce, tomato, beetroot & BBQ sauce	\$6.00
<b>Southern Chicken Tender Wrap</b> Kebab Bread with spicy chicken tenders, mixed salad with peri peri may o	\$6.00
<b>Satay Chicken &amp; Rice (contains nuts)</b> Satay sauce, steamed basmati rice & fried crunchy shallots	\$6.00
<b>Pulled Pork Bao Bun</b> with coleslaw & may o	\$6.00
<b>Chicken Mac &amp; Cheese</b>	\$6.00

## TOASTIES

Gluten free bread available only when pre-ordering

<b>Chicken, cheese and avocado (H) or Chicken Pesto on Turkish</b>	\$6.00
<b>Intessar's Famous BLT</b> 1" thick toast with lean bacon, tomato, cos lettuce, BBQ sauce & may o	\$6.00
<b>Vegetarian Turkish</b>	\$6.00
<b>Toasted chicken &amp; cheese (wholemeal)</b>	\$5.00
<b>Toasted ham &amp; cheese (wholemeal)</b>	\$5.00

## BAGUETTES

<b>Chicken, chive, mayo with cos lettuce</b>	\$6.00
<b>Roast beef, tomato, cheese, mustard, tomato relish &amp; mixed lettuce</b>	\$6.00
<b>Turkey, cranberry, avocado &amp; mixed lettuce</b>	\$6.00
<b>Tuna, mayo, red onion &amp; cos lettuce</b>	\$6.00
<b>Chicken Caesar, cos lettuce, chicken, bacon with Caesar dressing</b>	\$6.00
<b>Banh Mi Roll</b>	\$6.00

## WRAPS

<b>Chicken &amp; Salad (H)</b> with chicken breast, fresh mixed salad, tomato, cheese & may o	\$6.00
<b>Vegan Salad (only on pre-order)</b> with mixed salad, grated carrot, beetroot, tomato, avocado & cucumber	\$6.00
<b>Leg Ham &amp; Salad</b> with ham, fresh mixed salad, tomato, cheese & may o	\$6.00
<b>Chicken Pesto &amp; Salad (H)</b> with chicken breast mixed with basil pesto, fresh mixed salad, tomato, cheese	\$6.00
<b>Chicken Caesar Salad</b> Tortilla wrap with e, egg, bacon, croutons, parmesan & Caesar dressing	\$6.00

## SANDWICHES

<b>Ham, Cheese &amp; Tomato</b>	\$5.00
<b>Chicken, Chive &amp; Mayo (H)</b>	\$5.00
<b>Egg &amp; Lettuce</b>	\$5.00
<b>Turkey, Cranberry &amp; Avocado</b>	\$5.00
<b>Roast Beef, Cheese, Tomato &amp; Chutney</b>	\$5.00



## WATER & JUICE

Water 600ml	\$2.50
Water 1lt pop top	\$3.00
Water 1.5lt	\$3.50
Emma & Tom's Lightly Sparkling Water (500ml)	\$3.00
Emma & Tom's Juice (250ml) 100% Orange, Cloudy Apple & Karma	\$3.50

## HOT DRINKS

Hot Chocolate & Coffee	\$3.00
Tea	\$3.00

## MILK DRINKS

Plain Milk (500ml)	\$2.50
Small Flavoured Milk (300ml) Chocolate, Strawberry, Iced Coffee	\$3.00
Large Flavoured Milk (500ml) Chocolate, Choc Mint & Strawberry	\$4.00
Liddell's Lactose Free Chocolate Milk (250ml)	\$2.50
Nippy's Milk Range – Iced Coffee / Mocha / Chocolate / Strawberry (375ml)	\$3.50

## SALADS & COLD FOODS

<b>Range of Salads</b> Caesar, Greek, Crunchy Noodle, & Salad of the Day	\$6.00
<b>Bento Box</b> Rice, Chicken, Salad & Sushi	\$7.00
<b>Chicken Pesto Pasta Salad (H)</b>	\$5.00
<b>Sushi (made on site)</b> Teriyaki Chicken, Salmon & Avocado, Tuna & Mayo, Avocado, Crispy Chicken	\$4.00
<b>Fruit Salad</b>	\$4.00
<b>Watermelon Cup</b>	\$3.50
<b>Low Fat Greek Yoghurt &amp; Granola</b> Granola & fruit purees (passionfruit, mango or raspberry)	\$4.00
<b>Custard with Strawberries</b>	\$4.00
<b>Whole Fruit</b> Apples, Bananas & Oranges	\$1.50
<b>Apricot / Date Bliss Balls (3 Pkt)</b> Apricots/Dates with rolled oats, chia seeds & coconut	\$2.00

## VEGAN

Veef Meatball Sub (Wednesdays) <small>Please pre-order</small>	\$5.00
Veef Pasta & Meatballs	\$6.00
<b>Vegetable Gyozas with sweet chilli sauce (Fridays only)</b>	\$5.00
CHKN Schnitzel Burger (Friday only)	\$6.00
No Beef Burger (Fridays only)	\$6.00
Sausage Veg Roll V, GF	\$6.00

## FOR VOLUNTEERING

please contact: Madonna  
Phone - 3394 0723 or Email  
[canteen@cavrdpandc.onmicrosoft.com](mailto:canteen@cavrdpandc.onmicrosoft.com)



## BREAKFAST

Bacon & Egg Muffin	\$5.00
Toasted Ham & Cheese	\$5.00
Toasted Chicken & Cheese	\$5.00
Yoghurt & Granola with couli (low fat)	\$4.00
Brekky Wrap	\$5.00

## TREATS

<b>Muffins (60gr)</b> Chocolate Banana, Apple Cinnamon & Blueberry	\$2.00
<b>Mini Cake Slices</b> Chocolate & Vanilla, Mud & Banana	\$2.00
<b>Paddle Pops</b> Chocolate & Rainbow	\$2.50
<b>Lemonade Icy Twists / Mini Raspberry Pineapple Calippo</b>	\$2.00
<b>Frozen Watermelon / Grapes</b>	\$2.00
<b>Twisted Frozen Yoghurts (GF) / Bulla Frozen Yoghurts 200ml</b> Vanilla Bean & Strawberries, Vanilla Bean & Chocolate, Mangoes & Watermelon	\$3.00