

Student Wellbeing Digest

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Wellbeing Intervention and Support

Here at Cavendish RD SHS we have extensive support program on offering to all students. It utilises a large behaviour network here at school of support services to extensively look at, manage, support or modify our students behaviour.

The B.E.S.T. (Behaviour Education and Support Team) Program is a targeted proactive program for students who have breached the school's Responsible Behaviour Plan. It is a supervised support and intervention program which promotes personal responsibility and positive behaviour change with a focus on supporting students to be active participants in their own learning and wellbeing. The B.E.S.T. program also provides opportunities for students to feel safe, valued and connected to their school community. Students will have time and support to continue focussing on their academic studies during the program.

Another support network here at Cavendish RD SHS is we have Intensive case management and intervention programs (Student Wellbeing/Behaviour Intervention). It looks at interventions and support for identified students who have suffered disciplinary absences due to misbehaviour or non-compliance. It provides an alternate setting that can establish a safe, supportive environment that can help students succeed while also improving their social, emotional and physical wellbeing.

If you believe your student at Cavendish RD SHS may need some extra support please contact Mr Faulkner on nrfaulk@dcg.edu.au

WHERE: T4
 WHEN: **8.45am – 2pm**, students must leave the school grounds at 2pm.
 EQUIPMENT NEEDED: Laptop, charger, all subject exercise books, pencil case
 LUNCH: **Students will need to bring their lunch.** Tuckshop will not be available.

An outline of a BEST DAY is below:

8:45am	Student will meet with Program Coordinator – Mr Faulkner
9:00am	Behaviour Reflection – Mr Faulkner
9.30am	Student support meeting with School Chaplin – Jules Neri (Behaviour Reflection/Restorative Justice)
10:15am	Support meeting with Guidance Officer
11am	Individual Study (Teachers will be asked to email any work he/she will be missing)
12:15pm	Supervised lunch break
12:45pm	Wellbeing Activity – Community Initiative – Mr Faulkner
2:00pm	Students depart

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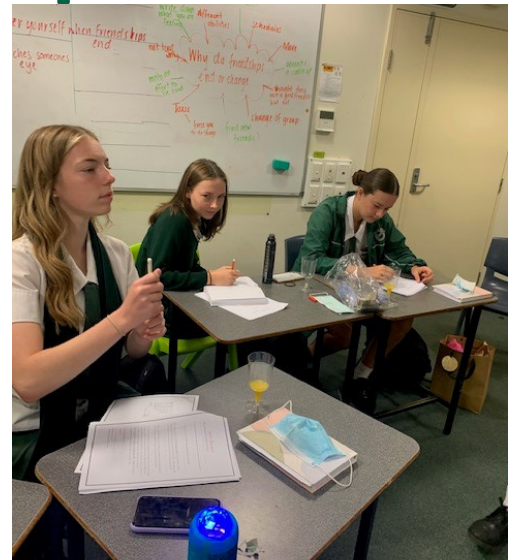
The Week that was...

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Jewels Program - Update

The Jewels Program - Give yourself permission to shine is drawing to a close. This program saw 12 female students from years 9 - 11 engage with School Chaplain - Jules and look at strategies to increase self-worth, self respect and understanding resilience and purpose. Pictured to the right sees some of the students undertaking the self worth station.

Understanding when going for job interviews, attending school, going to work or day to day life - a simple strategy is to look after ourselves. Mentally, Physically and most importantly emotionally.



Shout out to our Year 11's

Our year 11 cohort had their leadership speeches over the past week. With a RECORD number of students putting their hands up, it has highlighted the capacity of all year 11 students and even though all students wont receive a badge - they can still be very influential leaders. Owning their leadership story and the legacy they want to leave has been a common theme from their dean - Mr Batchler



96 students applied.

35 students short listed for student speeches.

8 students interviewed for School Captain / Vice Captains with a leadership group of 22 amazing individuals!!

Together, this is an exciting cohort who have some fabulous ideas and already are leaving their legacy here at Cavendish Rd.